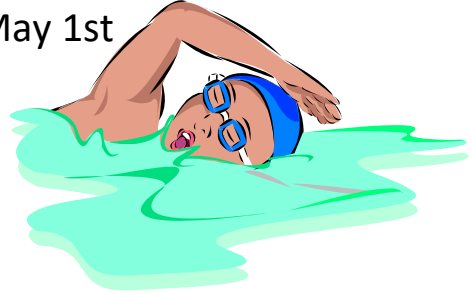


Club Swim Team for Kids

Begins March 11th/13th through April 29th/May 1st

Tuesday or Thursday

No practice March 25th or 27th



8–11-year-olds 4:30-5:15:pm

10–14-year-olds 5:15-6:15 pm

High School only 6:15-7:15 pm

**Swimmers may be moved based on swimming ability*

- **Swim Meet at Boise West YMCA Saturday, April 26th**
- **Swim Meet at Cascade Rec Pool Saturday, May 3rd**
- **Ice cream/Awards party Tuesday May 13th 4:30-5:00pm**
- Starts and distance Saturday practice in Cascade TBD (additional fees will apply and dates will be available first week of practice)

Swim Team Fee:

Members: \$75 once a week, \$150 twice a week

Non-members \$85 once a week, \$170 twice a week

Prerequisite: Must be able to swim freestyle and backstroke across the pool (18 yards)

Goggles and swim caps **are strongly** recommended.

Classes include:

- Learning the four basic strokes: Butterfly, Backstroke, Breaststroke, and Freestyle
- Increasing strength and endurance
- Racing starts, turns, and finishes.
- Fun and games
- Sign-up at front desk!